

October 2017



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 B: bagels, cream chz AM: Bananas L: Ck nuggets, corn, pineapples PM: Nutri-grain bars	3 B: Cinn. Toast AM: Animal Crackers L: Mac & Chz, broccoli, oranges PM: Rice cakes	4 B: Pancakes AM: Fig Newtons L: Bn & Chz Tacos, peas, apple sauce PM: Trail Mix	5 B: yogurt & granola AM: Orange L: Shells, sausage, veggies, fruit cocktail PM: grahams	6 B: Cereal AM: pretzels L: lasagna soup, corn, pineapples PM: wheat thins	7
8	9 B: biscuits, jelly AM: string chz, crackers L: Turkey spaghetti, green beans, peaches PM: gold fish	10 B: muffin, jelly AM: vanilla wafers, bananas L: ck enchilada soup, broccoli, apple sauce PM: guac & chips	11 B: eggs, sausage AM: smoothies, graham crackers L: ck & rice, pinto beans, pineapples PM: Cheese its	12 B: Raisin Cinn Toast AM: watermelon L: fish sticks, fries, pears PM: cheddar bunnies	13 B: Cereal AM: pretzels L: sloppy joe, veggie chips, oranges PM: animal crackers	14
15	16 B: oatmeal, fruit AM: yogurt, apples L: baked ziti, carrots, peaches PM: trail mix	17 B: waffles, syrup AM: nutri-grain bars L: chz enchiladas, rice, cantaloupe PM: ritz crackers, cheese	18 B: toast, jelly AM: rice cakes L: ck pot pie, apple sauce PM: fig newton bars	19 B: potato, egg taco AM: orange L: bow tie pasta, marinara, veggies, pears PM: blueberry muffins	20 B: cereal AM: goldfish L: grilled chz, tomato soup, carrot, fruit cocktail PM: crackers, chz	21
22	23 B: yogurt, granola AM: nutri-grain bars L: ravioli, marinara, green bns, apple sauce PM: crackers, chz	24 B: oatmeal, fruit AM: cheese its L: ck noodle soup, peas, pineapples PM: chex mix	25 B: waffles, syrup AM: graham crackers L: mac & chz, corn, mandarin oranges PM: pretzels	26 B: eggs, hashbrowns AM: apple slices L: Ck alfredo, salad, apple sauce PM: goldfish	27 B: cereal AM: ritz crackers L: ck & wild rice soup, green beans, apple sauce PM: orange slices	28
29	30 B: pancakes AM: vanilla wafers L: pizza pasta, corn, pineapple PM: fig newton bars	31 Class Halloween parties 				

Notes: Breakfast served with a choice of milk, juice or water. Both AM and PM snack served with water. Lunch served with milk. 5 O'clock snack is fresh fruit. One year old's served whole milk. Two years and older served 2% milk.